

**Sunday, October 28, 2018**

**7<sup>th</sup> Sunday of Luke**

**Feast of the Holy Protection of the Theotokos**

**HYMNS FOR THE DAY:** 5, 46, 134, 256 (Found in red hymnal book)

**READINGS:** **Orthros Gospel:** John 21:14-25

**Epistle:** Galatians 6:11-18

**Gospel:** Luke 8:4-56

**THE NICENE CREED & LORD'S PRAYER** are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

**PRE & POST-COMMUNION PRAYERS:** The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

**COUNCIL DUTY:** **Orthros: 8:00 a.m.** Bill Batalis

**Liturgy: 9:00 a.m.** All Parish Council Members

#### **MEMORIALS**

1 yr. Ioannis Ploutis	32 yrs. Eleni Vasos
3 yrs. James Ioakovos Damoskas	34 yrs. Efrosini Nickolaidis
11 yrs. Evangelia Maniatis	34 yrs Vassilios Maniatis
20 yrs. Maria Touris	67 yrs. Ioannis Nickolaidis

**“MAY THEIR MEMORY BE ETERNAL”**

**SERVICE SCHEDULE:** Feast Day of SS. Cosmos and Damian – Thursday, November 1<sup>st</sup> – Divine Liturgy: 9:00 a.m.

**ΟΡΗΣΚΕΥΤΙΚΟ ΗΜΕΡΟΛΟΓΙΟΝ:** *Οι Άγιοι Αναργυροι Κοσμος και Δαμιανος* – Πέμπτη, 1 Νοεμβριου. Θεια Λειτουργια στις 9.00 π.μ.

**LOUKOUMADES SALE:** Today after service in the Great Hall. The cost is \$7.00 per container. You can purchase Loukoumades to go, or sit down at a table with a cup of coffee, relax and enjoy!

**WELCOME VISITORS:** We welcome you to worship with us today. Whether you are an Orthodox Christian or this is your first visit to the Orthodox Church, we are pleased to have you with us. Although Holy Communion is offered only to the baptized and Chrismated (confirmed) Orthodox Christians, in good standing with the Church (good standing means if you are married your marriage must have been blessed by the Church; if divorced you must have an ecclesiastical divorce as well from the Church) all are invited to receive the antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The antidoron is not sacramental but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After worship this morning, please join us in the church hall for fellowship, refreshments and visit with our Clergy, Parish Council and members.

**COOPERATION IS NEEDED!** We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles, but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please, use both hands and do not allow the crumbs to fall.

**STEWARDSHIP MONTH** is once again here. Our Stewardship Program is vital for our Cathedral's growth and maintenance. Without this program, we could not provide all the ministries, programs and services we do for all our members. 2019 Stewardship materials will be mailed out to all our members next week. Please take the time to read them, complete your Pledge Form and return it to the church office by Stewardship Sunday, November 18<sup>th</sup>. Help us raise the \$550,000 we need to meet our budget. Make a fair and honest pledge commitment and stick to it. With everyone's support, we can not only reach our goal but surpass it.

**FALL MINI GREEK FEST:** The Fall Mini Greek Food Fest will be in less than one week on Friday, November 2<sup>nd</sup> and Saturday, November 3<sup>rd</sup> from 11:00 a.m. – 8:00 p.m.

Volunteers are needed to help organize, advertise, set up the hall, serve, cook, bake and clean up afterwards. Monetary donations accepted.

Proceeds raised from this event will go to benefit our parish and help reduce the deficit in the budget caused by unforeseen maintenance and renovation repairs. All parishioners are encouraged to come on out with their families, neighbors, friends and enjoy a delicious meal.

**PLEASE GIVE OF YOUR TIME, TALENTS & TREASURE!**

**PHILOPTOCHOS UPDATE:** Our Philoptochos Ladies are gathering on Tuesday mornings, 8:00 a.m. in the kitchen to prep and bake for the Fall Fest and their up-coming Bake Sale. For specific details or to volunteer, see Frances Klimis.

**PHILOPTOCHOS SUNDAY** will be held next Sunday, November 4<sup>th</sup>. On this day we honor and remember all the achievements and works of our St. Helen's Philoptochos Society. An Artoklasia Service will be offered at the conclusion of the Orthros for all our living Philoptochos members and a Memorial Service will be offered at the conclusion of the Divine Liturgy for those members who have fallen asleep in the Lord. Also on this day, a special prayer will be offered for our Philoptochos members and an extra tray will be passed in support of the hospitals, nursing homes and philanthropic agencies of our Ecumenical Patriarchate. Following worship, a special coffee fellowship will be offered in honor of Philoptochos. Everyone is encouraged to attend and offer a prayer for this group of hard working ladies who are obedient in the work of the Lord.

**DAYLIGHT SAVINGS TIME:** Don't forget, Daylight Savings Time starts next Sunday November 4<sup>th</sup>, remember to set your clocks **back** one hour on Saturday November 3<sup>rd</sup>.

**HELLENIC DANCERS NEWS:** No dance practice this week. Practice resumes Wednesday, November 7<sup>th</sup>. Junior group from 6:30-7:30 p.m. and the Senior group from 7:30-8:30 p.m. For details or to check on schedule changes, contact Taki Zarakas.

**GREEK SCHOOL:** Classes are on Friday, November 2<sup>nd</sup>, 5:30-8:00 p.m.

**YOUTH MEETINGS:** Jr. GOYA and GOYA will meet on Monday, November 5<sup>th</sup>, from 6:30.

**GOYA NEWS:** GOYA would like to give a big “Thank You” to all our church family, sponsors, and donors for supporting our Family Fun Night! We would not have had a successful Family Fun Night without you! This was our best one yet!! All proceeds will go to the GOYA scholarship fund. Thank you, thank you, thank you!!!!

**CHION SOCIETY MEETING:** Tuesday, November 6<sup>th</sup>, 6:30 p.m. in the library.

**HARVEST FOR THE HUNGRY:** Once again our parish is reaching out to assist those less fortunate during the holiday season by providing meals for Thanksgiving. Won't you step up and offer your help? Monetary donations are being accepted through November 9<sup>th</sup>. If you would like to help serve dinner on Thanksgiving Day, please contact Bill Logothetis at 219-743-7117, before November 9<sup>th</sup>. For additional information, contact Eva Kostides at 219-308-8370.

**CANVAS PAINTING CHURCH FUNDRAISER:** Sunday, November 11<sup>th</sup>, at 2:30 p.m. in the Great Hall. Cost is \$40.00 per person, seats are limited. Tickets on sale in the lobby after service. See JoAnn Massow for more information.

**FOOD PANTRY UPDATE:** The Ross Township and our Cathedral Food Pantry has lost the sponsorship of Costco, Panera and other large corporations over the past year. What we used to receive free we now have to purchase through the Northern Indiana Food Depository. This has put a great burden on us in stocking the shelves for those in need. We are pleading with our parishioners and business partners for donations of canned or dried food items, bread, cereal, personal hygiene supplies and household cleaning supplies. Donations may be brought to church on Sundays or left at the church office during the week. Monetary donations are also welcome. Let us all heed the Lord's call when He said “**I was hungry and you gave me food....in as much as you did it to one of the least of these My brethren, you did it to Me**” (Matthew 25:35-48).

**BOOKSTORE NEWS:** New items are available in our Cathedral Bookstore. One such item are *Prayer Pillows*, which are perfect for baby cribs, backpacks, Christmas stocking stuffers. The cost is \$10.00 per pillow. Come check them out and the other items at the Bookstore after worship.

**THINK AND DO:** Do all the good you can, by all the means you can, in all the ways you can, to all the people you can, in all the places you can, as long as you can.

**SAINT OF THE DAY-HOLY PROTECTION OF THE THEOTOKOS:** The Feast of the Protection commemorates the appearance of the most holy Theotokos in the Church of Blachernae in Constantinople in the early sixth century, as recorded in the life of Saint Andrew the Fool for Christ's sake. While the multitudes of the faithful were gathered in church, Epiphanius, the friend of Saint Andrew, through the Saint's prayers, beheld the Virgin Mary above the faithful and spreading out her veil over them, signifying her unceasing protection of all Christians. Because of this we keep a yearly feast of gratitude, imploring our Lady never to cease sheltering us in her mighty prayers.

**HOW CAN WE TOUCH JESUS TODAY?** The story that was read in today's Gospel lesson is not just something that happened long ago. The Christ who was jostled in that crowd is still in our midst today. We can still touch Him. How can we touch Jesus today?

We touch Him through prayer. What is prayer but touching Jesus, talking with Him, inviting Him into our life? The sick woman touched Jesus by the very simple act of reaching out. Touching Jesus today is not any more complex or difficult. It is simple. Just reach out and touch Him through prayer!

Secondly, for prayer to really touch Jesus and establish contact with Him, it must be not a vain repetition of empty words, but prayer that comes from the heart and is steeped in faith. In the crowd surrounding Jesus many touched Him, but only one experienced His healing power – the one who touched Him with faith. So today crowds pray; crowds go to church but those who really touch Jesus are those who pray with faith. The Gospel makes it clear: it was faith that established contact with Jesus: “**Daughter, thy faith has made you well; go in peace.**”

The whole purpose of Christianity is to put people in touch with God in Christ. “**If I can only touch Him, even the hem of His robe, I know I shall be made well,**” said the sick woman. We today can touch Him just as she and countless others did and still do. Reach out from the crowd and touch Him. Touch Him with faith. Touch Him for forgiveness, for power over temptation and anxieties. Touch Him. He will not ask, “Who touched me?” He will know.

**FROM THE FATHERS:** "Fortunate is the man who has come to have God as his helper and to have his hopes in Him alone. Let the Devil bear malice towards him, let all men persecute him and plot against him, let all his adversaries fight against him - he never fears anyone, because his has God as his helper. He remains always a victor, always glorified, always happy, always rich, always cheerful and joyful, even if he happens to fall into extreme poverty and into great many adverse and grievous circumstances of this present life. For in as much as he hopes in Almighty God, he does not despair, he is not sorry, is not anxious, but expects help from Above. Fortunate, then, is such a man and worthy to be deemed happy, just as the Prophet-king David regards such a man as happy, saying: “Blessed is he whose helper is the God of Jacob, whose home is in the Lord his God.” “Such were all the Prophets, the Apostles, the Martyrs, the Holy Ascetics and all the Saints from the beginning of time.”

- *St. Nikephoros of Chios*

**THOUGHT:** In times of prosperity men ask too little of God. In times of adversity, they ask too much.

**MARK YOUR CALENDARS**

**Fall Food Fest – November 2<sup>nd</sup> & 3<sup>rd</sup>**

**Philoptochos Sunday – November 4<sup>th</sup>**

**Canvas Painting Party – November 11<sup>th</sup>**

**Holy Unction for the Start of the Nativity Fast – November 14<sup>th</sup>**

**Kanaris/Agia Markella Societies Fall Dinner Dance – November 17<sup>th</sup>**

**Stewardship Sunday – November 18<sup>th</sup>**

**Harvest 4 the Hungry – November 22<sup>nd</sup>**

**Breakfast with Santa – December 8<sup>th</sup>**

**Philoptochos Bake Sale – December 8<sup>th</sup> & 9<sup>th</sup>**

**HELPING HAND UPDATE:** For those who would like to help those less fortunate from our parish and the needy of our area the solution is easy! Give a monetary donation to our Helping Hand Fund. Through your generosity we hope to assist those less fortunate with their various needs. For details on how you can help, see Fr. Ted.

**THE BIBLE AND THE LITURGY:** There has been a tendency among some of our people to separate the Bible and the liturgy. According to this school of thought, the Bible is Protestant and the liturgy is Orthodox. Nothing could be further from the truth. The Bible is an integral part of the liturgy and the liturgy of the Bible. Studies have been shown that the liturgy itself has 98 Old Testament quotes and 114 New Testament references. The liturgy is firmly anchored and deeply rooted in Scripture. For, what is the liturgy but a making present again of the events of Scripture? The liturgy unfolds the Scriptures in action. In the Orthodox Church the doctrine of the atonement is a liturgical doctrine. Calvary is made present in Baptism and the Eucharist. For example, the passing through the Red Sea becomes real for us today when we pass through the waters of baptism from death to life. The Ascension becomes our ascension to the throne of God in every liturgy. The manna God provided for His people in the wilderness, He continues to provide for us in the Eucharist. The Last Supper becomes real for us in every liturgy and we are there with Christ. Thus, the liturgy becomes a bridge, as it were, bringing the events of the Scriptures to us today so that we may participate in them personally, for our salvation and union with God.

**CHUCKLE:** A Minister was walking down the street when he came upon a group of about a dozen boys, all of them between 10 and 12 years of age. The group had surrounded a dog. Concerned lest the boys were hurting the dog, he went over and asked, "What are you doing with that dog?" One of the boys replied, "This dog is just an old neighborhood stray. We all want him, but only one of us can take him home. So we've decided that whichever one of us can tell the biggest lie will get to keep the dog." Of course, the reverend was taken back. "You boys shouldn't be having a contest telling lies!" he exclaimed. He then launched into a ten-minute sermon against lying, beginning with, "Don't you boys know it's a sin to lie," and ending with, "Why, when I was your age, I never told a lie." There was dead silence for about a minute. Just as the reverend was beginning to think he'd gotten through to them, the smallest boy gave a deep sigh and said, "All right, give him the dog."