

Sunday, May 14, 2017
Christ is Risen! Truly He is Risen!
Happy Mother's Day
Sunday of the Samaritan Woman
Isidore Martyr of Chios

HYMNS FOR THE DAY: 198, 4, 206, #, 134, 240 (Found in red hymnal book)

READINGS: **Epistle:** Acts: 11:19-30
Gospel: John 4:5-42

THE NICENE CREED & LORD'S PRAYER are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

PRE & POST-COMMUNION PRAYERS: The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

COUNCIL DUTY: **Orthros: 8:00 a.m.** Andy Campbell
Liturgy: 9:00 a.m. All Parish Council Members

MEMORIALS

3 days Metropolitan Philotheos of Meloa

40 days Anastasios Yiatras	10 yrs. Lambrini Collaros
3 mons. Konstantinos Xenakis	43 yrs. Alex Tripodis
2 yrs. Angeline Bravos	44 yrs. Kostantinos Collaros

As well as all mothers, mother-in-laws, grandmothers, and godmothers.

"MAY THEIR MEMORY BE ETERNAL!"

FELLOWSHIP HOUR in memory of Anastasios Yiatras in the Gold Room. Everyone is invited to attend.

SERVICE SCHEDULE: Saturday, May 20th – *Great Vespers for Ss. Constantine and Helen:* 7:00 p.m.

Sunday, May 21st – *Feast Day Ss. Constantine and Helen:* Orthros: 8:00 a.m. and Divine Liturgy: 9:00 a.m.

Σαββατο, 20 Μαΐου – *Μεγάς Εσπερινός των Αγίων Κωνσταντίνου και Ελενης* – 7:00 μ.μ.

Κυριακή, 21 Μαΐου – *Εορτή των Αγίων Κωνσταντίνου και Ελενης:* Ορθρος στις 8:00 π.μ. και Θεία Λειτουργία 9:00 π.μ.

WELCOME VISITORS: We welcome you to worship with us today. Whether you are an Orthodox Christian or this is your first visit to the Orthodox Church, we are pleased to have you with us. Although Holy Communion is offered only to the baptized and chrismated (confirmed) Orthodox Christians, in good standing with the Church, all are invited to receive the antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The antidoron is not sacramental but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After the Divine Liturgy this morning, please join us in the church hall for fellowship, refreshments and visit with our Clergy, our Parish Council and the Stewards of our Parish.

COOPERATION IS NEEDED! We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please use both hands and do not allow the crumbs to fall.

STEWARDSHIP NOTE: Have you pledged for 2017? Is your pledge current? If yes, thank you! If no, what are you waiting for?

FEAST DAY CELEBRATION: On Saturday, May 20th, the Great Vespers Service with Artoklasia will be chanted in honor of our Patron Saint beginning at 7:00 p.m. Following the service our Philoptochos Society will serve a special coffee fellowship in the Hellenic Cultural Center.

On Sunday, May 21st, the Feast Day of SS. Constantine and Helen, Orthros at 8:00 a.m. and Divine Liturgy at 9:00 a.m. Afterwards Philoptochos will host a coffee fellowship in honor of the Feast Day of our Cathedral's Patron Saint.

Our Philoptochos requests that the ladies and/or gentleman of our parish bake and bring sweets for our Feast Day celebration. Items may be dropped off at church during the day on Friday, May 19th or prior to the Great Vespers Service.

MEMORIAL DAY SERVICES: In remembrance of Memorial Day, Fr. Ted will be chanting the Trisagion Service at grave sites on Memorial Day, Monday, May 29th, at 8:30 a.m. at the Ridgelawn Cemetery by the monument of Ss. Constantine and Helen. A general Trisagion Prayer Service will take place to accommodate those who wish to leave early. Fr. Ted will be at Ridgelawn Cemetery, weather permitting, until 11:00 a.m.

At approximately 11:30 a.m. at Calumet Park Cemetery, a general Trisagion Prayer Service will be offered for those who wish to leave early at the monument of the Holy Cross. Following the Trisagion, Fr. Ted and Fr. George will offer prayers at the graves, going row by row. Afterwards Fr. Ted will go to the Calumet Park Mausoleum and offer prayers for those interred there.

CHUCKLE: One day a young mother looked out the window to check on her four-year-old daughter and two-year-old son playing outside in the yard. He two-year-old Anthony was on the ground facedown and her four-year-old Eleni was on her knees beside him. Thinking he might be hurt, the mom raced out to check on them. "What's the matter with Anthony?" she called out.

Eleni answered, "Nothing! I was just getting him to blow his nose on the ground because we didn't have any Kleenex!"

WORDS TO REMEMBER: "All that I am or hope to be I owe my mother."

-Abraham Lincoln

SUNDAY SCHOOL NEWS: Classes today Sunday, May 14th, with worship at 9:00 a.m. and class time from 10:15-11:00 a.m. The last day for Sunday School is Sunday, May 21st.

HELLENIC DANCERS NEWS: Practice for the Junior Group for today has been cancelled, the next practice will be next Sunday, June 4th at 11:30 a.m. Senior Group, Wednesday, May 17th at 7:00 p.m. For details, contact Takis Zarakas.

HOPE/JOY OUTING: Monday, May 15th, at 6:30 p.m. at Jak's Warehouse in Crown Point. We will be having pizza, pop, cupcakes and approximately 2 hours of play time. For details, see Michele Massow.

Jr GOYA/GOYA MEETINGS: Monday, May 15th 6:30-8:00 p.m.

GREEK SCHOOL NEWS: Last day for classes is this Friday, May 19th. Pre-school/Kindergarten classes: 5:30-7:30 p.m. 1st-5th Grade classes: 5:30-8:00 p.m.

JR. OLYMPICS UPDATE: Youth ages 8-18 are encouraged to participate in an assortment of sporting events and activities at this year's Metropolis of Chicago Jr. Olympic Program on May 26th-28th in Palos Hills, IL. Coaches, advisors and chaperones are needed. So please offer your time and talent. A table will be in the lobby after services to sign up or contact Pete Georgiadis at 219-308-4921 or email massow15@comcast.net to sign-up.

APPLICATIONS for Panagiotis Proimos Memorial Scholarship deadline is May 26th.

Applications for the Rev. William S. Chiganos Religious Education Scholarship are due by June 30th. Applications for this scholarship are available on line through our Ss Constantine & Helen Facebook page or by seeing Fr. Ted.

AHEPA SUNDAY will be celebrated in our parish on Sunday, May 28th. On this day we will honor and remember the 95th Anniversary of the founding of American Hellenic Educational Progressive Association (AHEPA), 91st for our local chapter of the Order of AHEPA and 73rd year for our chapter of the Daughters of Penelope.

VACATION BIBLE SCHOOL UPDATE: VBS will be held the week of June 19th-22nd. Registration begins today in the lobby of the Great Hall. Stop by our table and sign up your children.

There will be an organizational meeting and orientation for our VBS staff on Tuesday, May 16th, 6:30 p.m. in the Gold Room. For more information and other details, see Fr. George.

CATHEDRAL EARLY LEARNING CENTER: Graduation for the 3 day class will take place on Wednesday, May 17th, at 10:00 a.m.

Early registration: Our preschool is accepting applications for the 2017-2018 school year. To enroll for the two day class (Tuesday & Thursday) the child must be 3 years old before August 1st. To enroll for the three day a week class the child must be 4 years old before August 1st. Applications are available in the church office. Registration fee is \$50 per child, and activity fee of \$75 per child. Tuition for two-day class is \$120 a month, and for the three-day class is \$150 a month. Children must be potty trained to be enrolled. Call Christine Chimitris at 219-769-2481 between 9:00-11:30 a.m. for details.

FOLLOWING THE RESURRECTION LITURGY and every service for 40 days until the Ascension of our Lord, the priest turns to the congregation and exclaims:

“Glory to His Third-Day Resurrection!”

Δοξα τη Αυτου τριημερω εγερσει!

And the congregation responds by saying:

“We bow down to His Third-Day Resurrection!”

Προσκυνουμεν Αυτου την τριημερον εγερσιν!

Let us all remember these life-giving words at the conclusion of the Liturgy. Let us say them with feeling and strength for the 40-day period of the Resurrection as is the practice of our Holy Orthodox Church.

SUNDAY OF THE SAMARITAN WOMAN: Surely one of the most profound Gospels read in Church is the one that is read today, which tells about Our Lord dealing with the Samaritan Woman. The setting of the scene is ordinary: Christ comes to a well in Samaria, and being thirsty, asks a woman for a drink of water. But the lessons from the conversation that follows are extraordinary, touching major aspects of life.

The Gospel deals with the problem of race and prejudice. The woman was a different race than Jesus, and she marvels that the Lord even speaks to her. But Christ crosses over the prejudices of man to deal with a human being in need.

The Lord uses the incident to teach the “what and how” of true worship. He spoke of the need to worship the Father “in spirit and in truth.”

Christ use the incident to fathom the meaning of marriage and divorce. The woman spoke of having “no husbands” and our Lord pointed out how profound a truth she had spoken, since she had apparently “married” five times.

The Gospel also speaks of the need of life for spiritual sustenance, Christ pointing out that “whosoever drinks of this water shall not thirst again.” What a rebuke to the crass materialism of our times, in which people think that “more” of everything will bring joy and gladness to life's journey.

This Gospel is like a gem of many facets, each sparkling with a lesson for our times.

A MOTHER'S DAY INSIGHT: A mother forgot to pay her son his allowance for mowing the lawn. At the next meal she received a bill from him under her plate. It read, “Mother owes Johnny \$5.00 for mowing the lawn.” The next day Johnny received a bill under his plate: “Johnny owes mother \$0 for washing his clothes. Johnny owes mother \$0 for cooking his meals. Johnny owes mother \$0 for caring for him when he is sick. Johnny owes mother \$0 for bringing him into the world.” Through his tears Johnny said, “Awe, Mom, you don't owe me anything!” Mothers are a treasure. Yet, isn't it strange how we elevate careers, and lower homemaking to the commonplace? Think how many skills a mother must possess to carry out her duties. She must know something about teaching, cooking, psychology, hygiene, social relations, clothing, household equipment, and a host of other things.

Still, if a woman teaches someone else's children, she is given professional status – a teacher. But if she teaches her own children, she is just a mother. If she works at interior decorating, she is a career woman: if she decorates her own home, she is just a homemaker. If she takes care of others, she's a nurse; but if she nurses her own children, she just a “mom doing her job”.

Yes, motherhood demands the skills of many and, unfortunately, receives the recognition of few. Take a moment to meditate on all that your mother has done for you. Then, be sure to honor and thank the mother God gave you.

HAPPY MOTHER'S DAY!

MARK YOUR CALENDARS

Ss. Constantine & Helen Feast Day Celebration:

Great Vespers – Saturday, May 20th & Feast Day – Sunday, May 21st

Motorcycle Blessing – Sunday, May 21st

Ascension of the Lord – Thursday, May 25th

AHEPA Sunday – May 28th

Memorial Day Cemetery Blessing – Monday, May 29th

Saturday of Souls – Saturday, June 3rd

Pentecost Sunday – Sunday, June 4th

Graduate Sunday – Sunday, June 11th

Vacation Bible School – June 19th -22nd

5K Family Walk/Run – June 24th

Greek Fest – July 14th-16th

OUR CATHEDRAL GREEK FEST will be held on the weekend of July 14th-16th. Preparations are underway for a great weekend.

Once again, we will be seeking donations for bakery, dairy, meat, seafood, produce and other various items. We especially need donors for the 400 lambs that we need for this year's Festival. If you can donate a lamb or two (\$100-whole, \$60-half) or be of assistance in donating towards the other items, please see Fr. Ted, Elias Ploutis Parish Council President or by contacting the church office. Your assistance will help ensure a successful festival. Our goal for this year's festival is to raise at least \$100,000 profit. We can do it if everyone pitches in.

Raffle tickets have been mailed out to all members of our Cathedral. If you have not received your raffle tickets or need more, contact the church office. It may seem a little early, but the Festival Committee wants to have a successful year in raffle sales. This year we will be giving out \$20,000 in prizes. Tickets are still only \$25 each. This year there are six "Early Bird" drawings. The first Early Bird Drawing will be on Sunday, May 21st – the Feast Day of our Patron Saints Constantine and Helen. The second will be on Sunday, June 18th – Father's Day and the third on Sunday, July 2nd. We urge everyone to make every effort to sell your tickets. It is through the raffle that the Festival makes most of its money. Remember, you could win \$500 in May, June and July and \$10,000 as well!

Anyone interested in working the two outside bars at this year's Grecian Festival please stop by the church office and pick up an application no later than June 4th.

THE 4th ANNUAL 5K FAMILY WALK-RUN, will take place Saturday, June 24th, 8:00 a.m., starting and ending here at Ss. Constantine & Helen. All proceeds will benefit the Cathedral Scholarship Program, The Pangere Center for Inherited Retinal Diseases and the Merrillville Police Department K9 Unit Program. Registration forms are available in the church office or visit the website at www.ssconstantineandhelen.org. Any questions contact Joe Massow at 776-2682.

SAINT OF THE DAY – ISIDORE, MARTYR OF CHIOS: Isidore was a Roman naval officer in the 3rd century. During Lent while his ship was docked in the Chios harbor, he found a Christian church to attend. Since his childhood, he had prayed, fasted and done good works. His commander urged him to deny his faith, but he eloquently defended it, saying you could kill his body but not his soul and that he would not cease to confess Jesus Christ who lived in him. He was tortured and even with his tongue cut out he was able to speak and confess Jesus Christ. Finally he was beheaded. His remains were confiscated from the soldiers and buried by a friend who was martyred for this act, but not before being encouraged by Isidore in a vision.