

**Sunday May 12, 2019**

**Christ Is Risen! Truly He Is Risen!**

**3<sup>rd</sup> Sunday of Pascha – Sunday of the Myrrh-Bearing Women**

**Joseph of Arimathea & Nicodemus the Righteous**

**Happy Mother's Day**

**HYMNS FOR THE DAY:** 198, 2, 203, 204, 134, 240 (Found in red hymnal book)

**READINGS:** Orthros Gospel: Luke 24:1-12

Epistle: Acts 6:1-7

Gospel: Mark 15:43-47, 16:1-8

**THE NICENE CREED & LORD'S PRAYER** are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

**PRE & POST-COMMUNION PRAYERS:** The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

**COUNCIL DUTY:** Orthros: 8:00 a.m. Demetri Zembillas

Liturgy: 9:00 a.m. Everyone

**MEMORIALS**

3 mons. George Papafilis

4 yrs. Angeline Bravos

2 yrs. Carol Davilis

10 yrs. Gregory V. Sarantis

All Mothers, Mother-In-Laws, Grandmothers, Stepmothers and Godmothers

**"MAY THEIR MEMORY BE ETERNAL"**

**FOLLOWING THE RESURRECTION LITURGY** and every service for 40 days until the Ascension of our Lord, the priest turns to the congregation and exclaims:

**"Glory to His Third-Day Resurrection!"**

**Δοξα τη Αυτου τριημερω εγερσει!**

And the congregation responds by saying:

**"We bow down to His Third-Day Resurrection!"**

**Προσκυνουμεν Αυτου την τριημερον εγερσιν!**

Let us all remember these life-giving words at the conclusion of the Liturgy. Let us say them with feeling and strength for the 40-day period of the Resurrection as is the practice of our Holy Orthodox Church.

**PASCHAL OFFERINGS:** We truly appreciate and thank all that have made a gift to the Church this Easter. If you haven't already made your Easter Offering to our parish, please do so today. Your gift of love will help promote the gospel of Christ's salvation. Offering envelopes are available at the candle stand in the narthex and chapel until the end of the month.

**VACATION BIBLE SCHOOL:** It's time to begin thinking about our Summer Programs! This year the dates for our Vacation Bible School will be June 17<sup>th</sup>-20<sup>th</sup>. Our theme this year will be *"The Church is the Door to Life"* For more information and other details, see Fr. George.

**COOPERATION IS NEEDED!** We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles, but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please, use both hands and do not allow the crumbs to fall.

**STEWARDSHIP NOTE:** Supporting the Church is EACH Orthodox Christian's responsibility to the Lord. From the single young adult to the married couple to the young family to those who are senior citizens, it takes everyone's commitment to support OUR parish of SS. Constantine and Helen and promote OUR Orthodox Christian Faith!

We are \$162,001 short of our goal to raise \$500,000 through stewardship. As of May 9<sup>th</sup>, we have received 524 pledges for \$337,999 for 2019. If you are a member who has not pledged for 2019, and there are over 300 members who haven't, we look forward to receiving your pledge by Sunday, May 26<sup>th</sup>.

Many thanks to all those who have pledged and are current with their payments. We invite all those who are behind in their payments to please catch up and be current by the end of May.

**GREEK FEST NOTES:** Following worship today our Greek Fest Committee members will be seeking volunteers to help with and work our Fest. We hope that we can have enough members of our community to volunteer for at least 2 to 4 hours of work during the peak times of the Fest. This will be a great assistance. If we have enough workers it will not over-work, or burden anyone. Secondly, we can save a lot of money if we can do certain jobs ourselves instead of having to pay others to do the work. Please offer your time and talent by signing up today!

**BAKERY NEWS:** We need a variety of baked goods, Greek and non-Greek. If you can bake something, please do so. If you can't bake a monetary donation may be made, which will assist us in purchasing ingredients and items for our Bake Shop. The baking schedule for May is as follows:

Thursday, May 15	– 8:00 a.m.	– Apple Strudels
Friday, May 17	– 8:00 a.m.	– Cherry Strudels
Thursday, May 23	– 8:00 a.m.	– Strudels (various)
Wednesday, May 29	– 8:00 a.m.	– Tassies
Friday, May 31	– 8:00 a.m.	– Tassies

**HELPING HAND UPDATE:** For those who would like to help those less fortunate from our parish and the needy of our area, and don't know how to go about it, the solution is easy. Give a monetary donation to our Helping Hand Fund. Through your generosity we hope to assist those less fortunate with their various needs.

**PONDERING:** To feel sorry for the needy is not the mark of a Christian – to help them is

**SUNDAY SCHOOL CLASSES:** will be held today with worship at 9:00 a.m. and classes from 10:15-11:00 a.m.

**HELLENIC DANCERS NEWS:** Practice will be Wednesday, May 15<sup>th</sup> with the Junior group from 6:30-7:30 p.m. and the Senior group from 7:30-8:30 p.m. For details or to check on schedule changes, contact Taki Zarakas or check the Hellenic Dancers Facebook page.

**PHILOPTOCHOS MEETING:** Monday, May 13<sup>th</sup>, at 6:30 p.m. in the Gold Room.

**IOCC GRAND BANQUET:** The Annual Pan-Orthodox Grand Banquet benefitting IOCC will be held on Thursday, May 16<sup>th</sup>, 6:00pm at Café la Cave, Des Plaines, IL. Tickets are \$125 each. If you cannot attend, donations are being accepted in the church office. Checks may be made out to Ss. Constantine and Helen with a footnote for IOCC. For more information, see Fr. Ted.

**AHEPA SUNDAY** will be celebrated in our parish on Sunday, May 19<sup>th</sup>. On this day we will honor and remember the founding of the American Hellenic Educational Progressive Association (AHEPA). An Artoklasia and memorial service will be offered on this day in honor of local AHEPA and Daughters chapters. All members of the AHEPA and the Daughters of Penelope should be in church on this day at the proper time for these services.

**FEAST DAY CELEBRATION:** On Monday, May 20<sup>th</sup>, the Great Vespers Service with Artoklasia will be chanted in honor of our Patron Saints beginning at 7:00 p.m. Following the service our Philoptochos Society will serve a special coffee fellowship in the Hellenic Cultural Center.

On, Tuesday, May 21<sup>st</sup>, the Feast Day of Ss. Constantine and Helen, Orthros will be chanted at 8:00 a.m. and Divine Liturgy at 9:00 a.m. Afterwards Philoptochos will host a coffee fellowship in honor of the Feast Day of our Cathedral's Patron Saint.

Our Philoptochos requests that the ladies and/or gentleman of our parish bake and bring sweets for our Feast Day celebration. Items may be dropped off at church during the day on Monday, May 20<sup>th</sup> or prior to the Great Vespers Service.

**PARISH COUNCIL MEETING:** Thursday, May 23<sup>rd</sup>, 7:00pm in the Gold Room.

**MEMORIAL DAY SERVICES:** In remembrance of Memorial Day, Fr. Ted will be chanting the Trisagion Service at grave sites on Memorial Day, Monday, May 27<sup>th</sup>, at 8:00am at the Ridgelawn Cemetery by the monument of Ss. Constantine and Helen. A general Trisagion Prayer Service will take place to accommodate those who wish to leave early. Fr. Ted will be at Ridgelawn Cemetery, weather permitting, until 11:00am.

At approximately 11:30am at Calumet Park Cemetery, a general Trisagion Prayer Service will be offered for those who wish to leave early at the monument of the Holy Cross. Following the Trisagion, Fr. George will offer prayers at the graves, going row by row. Afterwards Fr. George will go to the Calumet Park Mausoleum and offer prayers for those interred there.

**35<sup>TH</sup> ANNIVERSARY CELEBRATION:** Ads for the Commemoration Booklet for Fr. Ted's 35<sup>th</sup> Anniversary Celebration are still being accepted at the church office.

Invitations for the June 2<sup>nd</sup> event have been mailed out. Cost is \$75 per adult, \$25 per child (12 & under). Make your reservations today! For specific details, see or call JoAnn Massow (219) 776-6336.

All proceeds raised from the booklet and dinner benefit our Cathedral.

**FOOD FOR THOUGHT:** The man of hour spent many days and nights getting there.

**FINDING CHRIST IN OUR OWN "GALILEE":** The story of the Myrrh-Bearing Women is truly a study in love and devotion. The Gospels tell us that the time of Christ's death upon the Cross did not allow His followers to give Him a proper burial, according to the Jewish custom of that era. When the Sabbath was past, the women went back to the tomb to "finish their job." Christ's Body had to be anointed with the prescribed spices and ointments. Imagine their surprise when they found an empty tomb and were told by an angel: "HE IS RISEN! HE IS NOT HERE!" (Mark 16:6).

The angel had another message for the Myrrh-Bearers – a message with, perhaps a hidden meaning for all of us: "TELL HIS DISCIPLES – AND PETER – THAT HE IS GOING BEFORE YOU INTO GALILEE; THERE YOU WILL SEE HIM" (Mark 16:7). Why Galilee? Did Jesus simply want to meet them in a safer place, or did He want to bring them back to where they first heard Him, followed Him and gave Him their hearts? Their faith had been tested, and they were found wanting. Perhaps they needed to go "back to the beginning" and recapture what they once had.

There is probably a "Galilee" in all of our lives. It may be more of a state of mind rather than a place, but we can all, no doubt, remember a time when we first felt the gentle touch of our Lord's guiding hand. Perhaps sin has separated us from Him. In times of crisis, maybe we have abandoned Him. But the Risen Christ seeks to meet us again also! He asks that the memory of our first encounter with Him and His loving kindness bring us back to our own "Galilee." Truly, He "goes before us" and waits patiently for us. Rest assured – if we look for Him through the eyes of faith and love, "there we will see Him!"



A mother forgot to pay her son his allowance for mowing the lawn. At the next meal she received a bill from him under her plate. It read, "Mother owes Johnny \$5.00 for mowing the lawn." The next day Johnny received a bill under his plate: "Johnny owes mother \$0 for washing his clothes. Johnny owes mother \$0 for cooking his meals. Johnny owes mother \$0 for caring for him when he is sick. Johnny owes mother \$0 for bringing him into the world." Through his tears

Johnny said, "Awe, Mom you don't owe me anything!"

Mothers are a treasure. Yet, isn't it strange how we elevate careers and lower homemaking to the commonplace? Think how many skills a mother must possess to carry out her duties. She must know something about teaching, cooking, interior decorating, dietetics, psychology, hygiene, social relations, clothing, household equipment, and a host of other things.

Still, if a woman teaches someone else's children, she is given professional status – a teacher. But if she teaches her own children, she is just a mother. If she works at interior decorating, she is a career woman; if she decorates her own home, she is just a homemaker. If she takes care of others, she's a nurse; but if she nurses her own children, she's just "mom" doing her job.

Yes, motherhood demands the skills of many and, unfortunately, receives the recognition of few. Take a moment to meditate on all that your mother has done for you. Then, be sure to honor and thank the mother God gave you.

**THE JOYS OF MOTHERHOOD** are never fully experienced until all the children are asleep in bed.

**PRAYER** changes others, changes our circumstances because it changes us.

**JR. OLYMPICS UPDATE:** Youth ages 8-18 are encouraged to participate in an assortment of sporting events and activities at this year's Metropolis of Chicago Jr. Olympic Program on May 24<sup>th</sup>-26<sup>th</sup> in Palos Hills, IL. Coaches, advisors and chaperones are needed. So please offer your time and talent. Contact Pete Georgiadis at 219-308-4921 or email [massow15@comcast.net](mailto:massow15@comcast.net) to sign-up.

**6<sup>th</sup> ANNUAL 5K FAMILY WALK-RUN** will take place Saturday, June 22<sup>nd</sup>, 8:00am. Besides the 5K, we will also have a 50 yard dash for our younger participants. All proceeds will benefit the Cathedral Scholarship Program, The Pangere Center for Inherited Retinal Diseases and the Merrillville Police Department K9 Unit Program. Registration forms are available in the church office or visit the website at [www.ssconstantineandhelen.org](http://www.ssconstantineandhelen.org). If you are interested in sponsoring or volunteering for this event or for other specific details, contact Joe Massow at (219) 776-2682 or Jo Ann Massow at (219) 776-6336.

**CATHEDRAL EARLY LEARNING CENTER:** Our preschool is accepting applications for the 2019-2020 school year. To enroll for the two day class the child must be 3 years old before August 1<sup>st</sup>. To enroll for the three day a week class the child must be 4 years old before August 1<sup>st</sup>. Applications are available in the church office. Registration fee is \$50 per child, and activity fee of \$75 per child. Tuition for two-day class is \$120 a month, and for the three-day class is \$150 a month. Children must be potty trained to be enrolled. Call Christine Chimitris at 219-769-2481 for details.

**GRADUATE SUNDAY** will be held on Sunday, June 9<sup>th</sup>. We will be presenting the Cathedral, Novak Family, Latos and other designated scholarships on this day. Also our parish will acknowledge the accomplishments of our graduates from high school, college or university who has had their names submitted in to the church office by Friday, May 31<sup>st</sup>.

**SOCIAL MEDIA OUTREACH:** To keep in touch and see what's happening here at our Cathedral check out our webpage at [www.ssconstantineandhelen.org](http://www.ssconstantineandhelen.org) or Facebook page at Saints Constantine and Helen Greek Orthodox Cathedral, Merrillville, IN. You can also be added to our "Constant Contact" list and receive our emails of the weekly bulletin, monthly "Message," monthly calendar and other news, events, etc. If you are not on our "Constant Contact" list you may sign up through the church office or by filling out the small form at the candle stand in the Cathedral and place it in the offering tray.

**MARK YOUR CALENDARS**

**AHEPA Sunday – May 19<sup>th</sup>**

**Ss. Constantine and Helen Feast Day Celebration – May 20<sup>th</sup> & 21<sup>st</sup>**

**Metropolis of Chicago Jr. Olympics – May 24<sup>th</sup>-26<sup>th</sup>**

**Memorial Day Grave Blessings – May 27<sup>th</sup> (Ridge Lawn & Calumet Park Cemeteries)**

**35<sup>th</sup> Anniversary of Fr. Ted's Ordination Celebration - June 2<sup>nd</sup>**

**Graduate Sunday – June 9<sup>th</sup>**

**Fanari Camp Weeks– June 16<sup>th</sup>, June 23<sup>rd</sup>, July 7<sup>th</sup>, July 14<sup>th</sup>**

**5K Family Walk/Run – June 22<sup>nd</sup>**

**Greek Fest – July 12<sup>th</sup>, 13<sup>th</sup>, & 14<sup>th</sup>**

**JOB OPENING:** There is a great opportunity for someone young looking for a manager position at a local business establishment. If you are interested in this career move, contact John at 219-921-3507.

**THOUGHT:** Everything in the household runs smoothly when love oils the machinery.