

**Sunday March 17, 2019**  
**Sunday of the Triumph of Orthodoxy**  
**Alexios the Man of God**  
**Patrick, the Enlightener of Ireland**

**HYMNS FOR THE DAY:** 181, 1, 181, 134, 234(Found in red hymnal book)

**READINGS:** **Orthros Gospel:** John 20:19-31  
**Epistle:** Hebrews 11:24-26, 32-40  
**Gospel:** John 1:43-51

**THE NICENE CREED & LORD'S PRAYER** are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

**PRE & POST-COMMUNION PRAYERS:** The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

**COUNCIL DUTY:** **Orthros: 8:00 a.m.** Nick Kavadas  
**Liturgy: 9:00 a.m.** Everyone

**NO MEMORIALS** due to Sunday of Orthodoxy.

**SERVICE SCHEDULE:** Monday, March 18<sup>th</sup> – *Compline:* 6:00 p.m. in the Chapel.  
Wednesday, March 20<sup>th</sup> – *Presanctified Liturgy:* 6:00 p.m. in the Chapel.  
Friday, March 22<sup>nd</sup> – *2<sup>nd</sup> Salutation Service to the Theotokos:* 6:30 p.m. in the Cathedral.  
**ΘΗΣΚΕΥΤΙΚΟΝ ΗΜΕΡΟΛΟΓΙΟΝ:** Δευτερα, 18 Μαρτιου – *Μεγα Αποδειπνον* – 6:00 μ.μ. στο παρεκκλησιο.  
Τεταρτη, 20 Μαρτιου – *Λειτουργια Προηγιασμενων Δωρων* – 6:00 μ.μ στο παρακκλησιο.  
Παρασκευη, 22 Μαρτιου – *Β' Χαιρετισμοι στην Θεοτοκον* – 6:30 μ.μ. στο Καθεδρικο.

**PAN ORTHODOX VESPERS:** Tonight, March 17<sup>th</sup>, 6:00 p.m. St. Andrews GOC, Chicago, IL.

**WELCOME VISITORS:** We welcome you to worship with us today. Whether you are an Orthodox Christian or this is your first visit to the Orthodox Church, we are pleased to have you with us. Although Holy Communion is offered only to the baptized and Chrismated (confirmed) Orthodox Christians, in good standing with the Church (good standing means if you are married your marriage must have been blessed by the Church; if divorced you must have an ecclesiastical divorce as well from the Church) all are invited to receive the antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The antidoron is not sacramental but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After worship this morning, please join us in the church hall for fellowship, refreshments and visit with our Clergy, Parish Council and members.

**DID YOU KNOW** that the blessing in the Divine Liturgy: “The grace of the Lord Jesus Christ, and the love of God the Father, and the communion of the Holy Spirit be with you all” comes directly from scripture? It is found in 2 Corinthians 13:14.

**COOPERATION IS NEEDED!** We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles, but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please, use both hands and do not allow the crumbs to fall.

**THE CELEBRATION OF BOOKS** will be held at the Holy Apostles Church in Westchester, IL, March 25<sup>th</sup>-28<sup>th</sup>. Thousands of books will be displayed for all to browse and purchase. The theme is “*Being Sanctified by God’s Grace.*” Speakers for this year are: Monday, March 25<sup>th</sup> & Tuesday, March 26<sup>th</sup> – Very Rev. Dr. Josiah Trenham; and Thursday, March 28<sup>th</sup> – Rev. Fr. Nicholas Palis. For specific details call 708-562-2744.

**SAINT JOHN CHRYSOSTOM ORATORICAL & ARTS FESTIVAL:** All the members of Sunday School who are in 3<sup>rd</sup> grade through 6<sup>th</sup> grade may compete at the Parish Level. Competition for Metropolis Levels are 7<sup>th</sup> through 9<sup>th</sup> grade for the Junior Division and 10<sup>th</sup> through 12<sup>th</sup> grade for the Senior Division. All are encouraged to participate. Participants will prepare either a speech, an essay, a poem, or paint an icon. Our parish festival will take place on Sunday, April 7<sup>th</sup>. If you are interested please call Fr. George at the church office.

**SATURDAY OF LAZARUS: YOUTH RETREAT:** We would like to remind our parishioners of our Sunday School Lenten Retreat on April 20<sup>th</sup>, the Saturday of Lazarus. Registration will begin Sunday, March 24<sup>th</sup> in the lobby after services. The retreat will take place after the worship services for the day. First, we will have a light Lenten meal and then we will break down into various groups for instruction and other activities. Please mark your calendars and make plans to attend!

**STEWARDSHIP:** We are now in the third month of 2019. To date the church office has received 466 pledges for a total of \$303,513. The goal for our community is to raise \$550,000 in paid pledgers. As you can see with half the total of our members pledging we are over halfway to our goal. Now if the other 400 members of our community, who haven’t pledged, pledge and pay as much as the first 400 members, we can meet our goal.

We are grateful to all of our members for their love and support. Look at the bulletin and see all that we are doing in our parish. However, we need everyone’s support if we are to continue the ministries of our parish. If you haven’t submitted a pledge form and payment, do so today! Also, please keep current with your stewardship payments. This allows our parish to meet her financial obligations and is an easier commitment for you.

**FANARI CAMP NEWS:** This year’s session for 6<sup>th</sup> – 11<sup>th</sup> grade are as follows:

- 1<sup>st</sup> session – June 16-22
- 2<sup>nd</sup> session – June 23-29
- 3<sup>rd</sup> session – July 7-13
- 4<sup>th</sup> session – July 14-20

Online registration begins March 19<sup>th</sup>, 11:00 a.m. Cost is \$525 per camper. Fanari is also seeking counselors, staff people and medical personnel for these weeks. For specific details and applications, contact Fr. Chris Avramopoulos or Fr. Kosmas Kallis by email at [gochicagoyouth@aol.com](mailto:gochicagoyouth@aol.com).

**THOUGHT:** If there is a smile in your heart, your face will show it.

**SUNDAY SCHOOL NEWS:** Our Sunday School will participate in the Sunday of Orthodoxy Litany & Procession of Icons at the conclusion of the Divine Liturgy today.

**MACEDONICA SOCIETY BAKE SALE:** Today in the lobby after services.

**GOYA LAMB RAFFLE:** Our GOYA will be raffling off 3 lambs this year for Easter. Tickets for the Raffle are available from individual Goyans or may be purchased on Sunday's after church in the lobby. Tickets are \$2.00 each or 3 for \$5.00. The raffle will be held on Palm Sunday, April 21<sup>st</sup>. Please support the efforts of our GOYA.

**YOUTH MEETINGS:** Monday, March 18<sup>th</sup> – HOPE/JOY/Jr. GOYA/GOYA: 7:00 p.m. in the school wing.

**PHILOPTOCHOS NEWS:** Following services, our Philoptochos Society will be collecting donations for the flowers of the Epitaphio for Good Friday. Just like everything else today, these costs have gone up. Please give generously!

The Metropolis Philoptochos Lenten Retreat will take place Saturday, March 23<sup>rd</sup>, 9:00 a.m. – 2:00 p.m. at St. Spyridon GOC in Palos Heights, IL.

**HELLENIC DANCERS UPDATE:** No dance practice until after Easter.

**CELC OPEN HOUSE:** Anyone interested in enrolling their child (3-5 yrs. old) in our CELC Program may attend the Open House on Thursday, March 21<sup>st</sup>, 6:00-8:00 p.m.

**GREEK SCHOOL NEWS:** Classes this Friday, March 22<sup>nd</sup> at 5:30 p.m.

**PRE-SANCTIFIED WITH LENTEN MEAL & DISCUSSION:** Last year we began this ministry allowing us the opportunity to partake of the sacrament of the Holy Communion to strengthen our souls during Great Lent and nourish our minds in regards to our Orthodox Faith. Following worship a Lenten meal will be offered and a brief discussion will take place. If you would like to attend, please call the church office at 219-769-2481 so we can prepare for the meal. The Lenten meal and discussion will be offered on Wednesday, March 20<sup>th</sup> – speaker Presvytera Tulla Poteres, 27<sup>th</sup> – speaker Fr. Chris Kerhulas, & April 3<sup>rd</sup> – speaker Nick Kasemiotes.

**APPLICATIONS** for the AHEPA, GOYA, Cathedral and Novak Family Scholarships are available in the church office. Deadline for applications is Monday, May 1<sup>st</sup>.

**JR. OLYMPICS UPDATE:** Youth ages 8-18 are encouraged to participate in an assortment of sporting events and activities at this year's Metropolis of Chicago Jr. Olympic Program on May 24<sup>th</sup>-26<sup>th</sup> in Palos Hills, IL. Coaches, advisors and chaperones are needed. So please offer your time and talent. Contact Pete Georgiadis at 219-308-4921 or email [massow15@comcast.net](mailto:massow15@comcast.net) to sign-up.

#### MARK YOUR CALENDARS

Metropolis of Chicago Philoptochos Lenten Retreat – March 23<sup>rd</sup>

Prosoforon Baking Workshop – March 30<sup>th</sup>

St. John Chrysostom Oratorical Festival – April 7<sup>th</sup>

Palm Sunday – April 21<sup>st</sup>

Pascha/Easter Sunday – April 28<sup>th</sup>

Mother's Day Brunch – May 12<sup>th</sup>

Metropolis of Chicago Jr. Olympics – May 24<sup>th</sup>-26<sup>th</sup>

35<sup>th</sup> Anniversary of Fr. Ted's Ordination Celebration - June 2<sup>nd</sup>

Fanari Camp Weeks– June 16<sup>th</sup>, June 23<sup>rd</sup>, July 7<sup>th</sup>, July 14<sup>th</sup>

5K Family Walk/Run – June 22<sup>nd</sup>

Greek Fest – July 12<sup>th</sup>, 13<sup>th</sup>, & 14<sup>th</sup>

**ADS FOR THE COMMEMORATION BOOKLET** for Fr. Ted's 35<sup>th</sup> Anniversary Celebration are being taken at the church office. For details, see Nick Kavadas.

**SUNDAY OF ORTHODOXY:** The first Sunday of Great Lent is called the Sunday of the Triumph of Orthodoxy, in commemoration of the restoration of the Icons during the reign of the Empress Theodora in 842 AD. Gradually, the Sunday of Orthodoxy has become a day signifying more than the restoration of Icons. On this day, our Church hymns bring to mind the slow and painful formulation of our Orthodox beliefs into our present-day system of dogmatics. The Fathers of the Church who fought for that which today is called Orthodoxy are brought to our grateful respect and veneration as the pillars of our faith and the standard of its purity.

A special Procession with Icons and Litany of Prayers takes place on the Sunday of Orthodoxy. This is to proclaim to the world the reality and vitality of the Orthodox Faith in Jesus Christ, Savior of the World.

**OPPORTUNITY FOR SPIRITUAL GROWTH:** During Lent one year, a Christian was asked, "What have you been thinking about this Easter?" The answer he gave was, "I haven't taken any time to think about it at all." The answer seems to be part of our problem today. It is not only Easter, but life itself that is allowed to "just slip up on us." The Church has given us Lent to prevent Easter from "just slipping up upon us." This is the discovery and growth in holiness, a time of dying to sin through repentance, and a real rising with Christ to the new life. Spiritual renewal does not just happen. We have to do something to help make it happen. We must participate in it. We have to search, think, seek, and hunt. We have to embark on a spiritual journey. This spiritual journey is called by the Church Fathers: the daily practice of the presence of God in our lives.

To assist us on our spiritual journey, our parish offers us the following Lenten services: **Compline Service: Monday, 6:00 p.m., Presanctified Liturgy: Wednesday, 6:00 p.m., 2<sup>nd</sup> Salutation Service, Friday, 7:00 p.m., and Holy Confession: by appointment with Fr. Ted or Fr. George.**

**THE MEANING OF ICONS:** The icon of Christ, and all the icons of the Virgin Mary and of the Saints, have two special meanings. First, they remind us how real our salvation is. The living Christ, our risen Lord, is the same as Jesus of Nazareth, who took on flesh and blood, walked on this planet, and became man to lead us to heaven. His Mother and all the Saints, in Scripture and tradition, were also real people.

Second, the icons of Christ, and His Saints – the Virgin Mary, the Prophets, Apostles, Martyrs, Confessors, Ascetics, and Fathers-remind us that we belong to one family of God. Through these historical men and women, God worked patiently and lovingly to achieve a resounding triumph over sin and evil and to open up to us the gates of His Kingdom. The story of the Bible and the Church are the story of Almighty God working through His people for grace, forgiveness, truth, love, and salvation. It is a story of faith, a celebration of life, a song of faith, and a triumph of faith. The story continues in every land, parish, and Christian family today. God is working in our midst gathering His people into His Kingdom. The past examples and heroes of the faith belong to us and we to them. God unites us all in Christ by the grace of the Holy Spirit.

**CHUCKLE:** The pastor of a big city church ran an ad for a caretaker-housekeep. The next day, a well-dressed young man appeared at the pastor's door. But before he could say more than "Hello, I came to see about..." the pastor began questioning him.

"Can you sweep, make beds, shovel walks, cut grass, run errands, fix meals, do laundry, balance a checkbook, and baby-sit?" the churchman asked.

"Whoa," the young man said, "I only came to see about getting married, but if it's that much work, I'm not interested!"

**CONFESSION OF FAITH:** As the Prophets beheld, as the Apostles have taught, as the Church received, as the teachers have dogmatized, as the universe has agreed, as grace has shown forth: as truth has revealed, as falsehood has been dissolved, as wisdom has presented, as Christ awarded: Thus we declare, Thus we assert, Thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons, on the one hand worshipping and reverencing Christ as God and Lord, and on the other, honoring them as true servants of the same Lord of all and offering them the proper veneration.

This is the faith of the Apostles! This is the faith of the Fathers! This is the faith of the Orthodox! This is the faith which has established the universe! Furthermore, to these messengers of piety, with motherly and fatherly love and reverence in glory and honor of piety for which they fought, we praise and cry out: Of all the defenders of Orthodoxy, Pious Kings, Most Holy Patriarchs, Bishops, Teachers, Martyrs, Confessors, everlasting be their memory! **Sing: Everlasting be their memory!**

We today pray to God that we be instructed and strengthened by their exploits and struggles and teaching for piety unto death, and praying to become imitators of their Godly life unto the end, may we prove worthy of all these requests by the compassion and grace of Christ the Great and First Arch-Priest and our true God; through the intercessions of our most glorious Lady Theotokos and Ever-Virgin Mary, the Holy Angels and all the Saints. Amen.

**FOOD PANTRY:** The call to remember the hungry and needy of the world is a continuous call by our Lord Jesus Christ. Donations of a ham for Easter as well as pasta, spaghetti sauce, peanut butter, canned meats, canned tuna, canned fruits, canned vegetables, dry beans, lentils are all needed. Other things needed are personal hygiene items, shampoo, and toothpaste, cleaning products, hand soap, dish soap, toilet paper and other paper goods. Cash donations are always welcome.

**LENTEN/EASTER DONATIONS:** The Lenten season is a time that allows us to provide for the church various items needed. Giving to the church is always special but during Great Lent and Easter it takes on even more meaning. For this reason we would like to take this opportunity to extend to you, the faithful, and invitation to share in making Great Lent, Holy Week and Easter a most beautiful and inspiring time. Those individuals or families wishing to donate towards any of the following items should contact the church office.

**Jonquils – Veneration of the Holy Cross: (Sunday, March 31): \$350**

**Flowered Frame Lazarus Saturday (April 20): \$125.**

**Palms and Bay Leaves for Palm Sunday (April 21): \$2,500**

**Flowered Frame Nymphios Icon (large): \$250**

**Flowered Frame Nymphios Icon (small): \$125**

**Flowered Wreath (large) Holy Thursday: \$300**

**Flowered Wreaths (small) Holy Thursday: \$150**

**Epitaphio Flowers – Carnations & Orchids, etc.: \$7000**

**Flowered Frame Resurrection Icon (large): \$250**

**200 small Chocolate Crosses: \$300**

**600 Eggs for Easter & Agape Services:?**

**GREAT LENT AND HOLY WEEK SERVICE BOOKS**, as well as other spiritual readings, are now available for purchase. The text of the books used for Lenten Services are in Greek and English and are easily understood. If you are interested in purchasing any of these books, please visit the bookstore in the library.

**GREAT COMPLINE - \$10**

**SALUTATION SERVICE - \$15**

**THE GREAT CANON (ENGLISH) - \$10**

**DAILY LENTEN MEDITATIONS - \$9**

**GOD SPEAKS FROM THE CROSS - \$15**

**PRESANCTIFIED LITURGY - \$20**

**HOLY WEEK - \$25**

**GREAT LENT - \$15**

**JOURNEY THROUGH LENT - \$10**

**THE LENTEN SPRING - \$15**