

Sunday, July 29, 2018
9th Sunday of Matthew
Kallinikos the Martyr of Asia Minor
Constantine III Patriarch of Constantinople

HYMNS FOR THE DAY: 8, 134, 249 (Found in red hymnal book)

READINGS: **Orthros Gospel:** John 20:19-31
Epistle: 1 Corinthians 3:9-17
Gospel: Matthew 14:22-34

THE NICENE CREED & LORD'S PRAYER are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

PRE & POST-COMMUNION PRAYERS: The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

COUNCIL DUTY: **Orthros: 8:00 a.m.** JoAnn Massow
Liturgy: 9:00 a.m. All Parish Council Members

MEMORIALS

6 mons. George Gagianas	19 yr. Norma Klikas
9 mons. Chrisa Christodoulakis	20 yrs. Peter Sgouros
1 yr. Paraskevi Tsilimos	38 yrs. Theodore Yanakopoulos
2 yrs. Genevieve (Loukia) Sgouros	53 yrs. Louis Klikas
3 yrs. Elias (Louis) Maragos	

For those Victims who Lost their Lives in the Fires in Greece

“MAY THIER MEMORY BE ETERNAL!”

SERVICE SCHEDULE: Wednesday, August 1st – *Paraklesis Service:* 6:30 p.m. in the Chapel.

Friday, August 3rd – *Paraklesis Service:* 6:30 p.m. in the Chapel.

ΘΡΗΣΚΕΥΤΙΚΟΝ ΗΜΕΡΟΛΟΓΙΟΝ: Τεταρτη, 1 Αυγουστου – *Παρακλησις* στις 6.30 μ.μ. στο Παρεκκλησιο.

Παρασκευη, 3 Αυγουστου – *Παρακλησις* στις 6.30 μ.μ. στο Παρεκκλησιο.

WELCOME VISITORS: We welcome you to worship with us today. Whether you are an Orthodox Christian or this is your first visit to the Orthodox Church, we are pleased to have you with us. Although Holy Communion is offered only to the baptized and Chrismated (confirmed) Orthodox Christians, in good standing with the Church (good standing means if you are married your marriage must have been blessed by the Church; if divorced you must have an ecclesiastical divorce as well from the Church) all are invited to receive the antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The antidoron is not sacramental but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After worship this morning, please join us in the church hall for fellowship, refreshments and visit with our Clergy, Parish Council and members.

COOPERATION IS NEEDED! We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles, but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please, use both hands and do not allow the crumbs to fall.

HOW MUCH SHOULD I GIVE? People are sometimes at a loss as to how much they should give for their stewardship pledge. I'm reminded of the story of the man who got a chicken bone stuck in his throat. The doctor got there just in time and saved the man. "How much do I owe you, doc?" the patient asked. The doctor replied, "Just give me half of what you were willing to give when the bone was stuck in your throat."

August is just a few short days away. Summer is slowly fading away and fall is just around the corner. Have you made your 2018 pledge to the church yet? If you have are you keeping up with your pledge payment? Give as you have prospered from God, for your gift will be multiplied into blessings unmeasurable.

HELPING HAND APPEAL: With summer being here, donations for the Helping Hand have fallen off. The need is great, both within our parish and surrounding community. Please remember those less fortunate and offer your gift of love and assistance through our Helping Hand Fund. To see how you can help or for more details, see Fr. Ted.

TIME TO TEE IT UP: The 20th Annual Cathedral Golf Classic will be held on Friday, September 28th at Innsbrook Country Club. Hot Breakfast and registration will begin at 8:00am and a shotgun start at 9:00am. Following golf, a lunch will be offered. Proceeds raised from this event will be used to fund many of the ministries of our church.

Be a part of this wonderful event in one or more of the following ways: Donate raffle prizes, be a corporate, drink or hole sponsor, golf, and/or attend the luncheon celebration. Help us make this unique opportunity of fellowship, fun, and charity.

Fees: \$125 for golf, gift bag, breakfast & lunch.

\$150 Hole Sponsor \$300 Drink Sponsor \$500 Corporate Sponsor.

For reservations or other details contact the church office at 219-769-2481 or maureen@ssconstantineandhelen.org

HUMOR: A little girl was on her first train ride, and she was getting a chance to ride in a sleeper car. On the first night out she was a little scared, and every minute or so she'd call out, "Daddy, are you there? Mama, are you there?" After a while this gruff voice replied, "Yes, Daddy is here. Mama is here. I am here. We are all trying to sleep. For heaven's sake, go to sleep." After a great silence the girl asked: "Daddy, was that God?"

BEDTIME BIBLE STORIES UPDATE! BBS will return on Tuesday & Thursday, August 7th & 9th, 5:30-7:00 p.m., for ages 3 to 6. Children, come and wear your pajamas and bring your favorite stuffed animal and learn the stories of “*The 7 Days of Creation*” and “*The Dormition of our most Holy Theotokos.*” BBS will be led by Ms. Dede Bairaktaris. There is no cost. Parents, call the church office 769-2481 by July 31st to sign up. Don’t miss out on this most inspiring and fun ministry. Sign up today!

SUNDAY SCHOOL NEWS: Summer is quickly passing by and before you know it the new school year will be here. Our Sunday School program is blessed to have co-directing this year Mrs. Aleka Dovellos and Mrs. Michele Massow. They both look forward to a fantastic year of learning our Orthodox Faith for students, parents and teachers alike. There are still a few teacher positions open. If you can fill one of these roles, please contact Fr. George. Your assistance in this matter is deeply appreciated. There will be an organizational meeting for all our staff on Monday, August 27th, 6:30 p.m. in the library. All those involved in this program or who like to be involved are requested to attend. Sunday School will begin on Sunday, September 9th.

GREEK SCHOOL REGISTRATION: The church office is currently accepting applications for Greek School Registration. As of July 31st, the tuition/ materials fee increased to \$575 for the first child and \$525 per each additional child per family. Please register your child today for the 2018-2019 school year. Due date for full payment is September 7th, which is the first day of Greek School.

CATHEDRAL EARLY LEARNING CENTER: Early registration: Our preschool is accepting applications for the 2018-2019 school year. To enroll for the two day class (Tuesday & Thursday) the child must be 3 years old before August 1st. To enroll for the three day a week class the child must be 4 years old before August 1st. Applications are available in the church office. Registration fee is \$50 per child, and activity fee of \$75 per child. Tuition for two-day class is \$120 a month, and for the three-day class is \$150 a month. Children must be potty trained to be enrolled. Call Christine Chimitris at 219-769-2481 between 9:00-11:30 a.m. for details.

BACK PACK/SCHOOL BLESSING: On Sunday, August 12th we will have a special blessing service for our children as they return to school. Students are asked to be in church on this day so that a special prayer may be offered for them as they start off the new school year.

We will also be collecting school supplies for those less fortunate. See Presvytera Tulla for details. Please help us out and bring a little something to the church with you on Sundays or during the week. For ideas on what to bring, see the list below:

Backpacks	#2 Pencils	Color Pencils	Pencil Boxes
Hand Sanitizer	Kleenex	2 pocket folder	Rulers
Pens	Glue	Erasers	Markers
Wide Rule Paper	Box of 24 crayons	Single subject notebook	

FOOD PANTRY: Please remember your donations for our Cathedral/Ross Township Food Pantry during the summer. We are especially in need of food items for children, i.e. children’s cereal, apple sauce, fruit items, etc.

FOOD FOR THOUGHT: Acknowledge that you are weak, completely unable to resist the slightest beckoning of the devil. Then to your astonishment you will find that he has no power over you. For if you have made the Lord your refuge you will soon be able to ensure that no evil shall befall you (Psalm 91). The only evil that can befall a Christian is sin.

WHY DO YOU DOUBT? Like many of us, St. Peter also failed to follow in the footsteps of Jesus at a turbulent time. However, even though Peter was afraid of the rising waves, and the wind, he still cried out “Lord, save me!” He did not deny who Jesus Christ was. He had faith.

Even though we profess faith in Jesus Christ, our reactions to the circumstances of life will often cause us to fall short before our Lord instead of falling before Him with “good cheer.”

Our Lord and Savior will always be with us, and He will be with us at the end to lift us up. As He encouraged Peter, may we always be of good cheer, and never be afraid (Matthew 14:27)!

HOMESICKNESS AS DISCONTENT: Our homesickness for God expresses itself through our dissatisfaction and discontent with life. We are unhappy, and we don’t know why. We have everything and yet we want more. And when we get it, we feel empty and dissatisfied, we run endlessly, burying ourselves in activities, events, TV programs, and games. And when the dial is turned off and the movement stops, discontent sets in the form of meaninglessness, boredom, fear and dread. As Gertrude Stein said, “When you get there, you discover that there is not there.”

What is the meaning of discontent? Is it not that we are not a home with God? We have allowed Him to be crowded out of our life by the things of this world. We need to return home to Him.

A person said to a friend, "I'm really very dissatisfied with my life."

“Congratulations!” the friend said.

“What do you mean by that? Didn't you hear me? I said I was unhappy with the way things are going.”

His friend replied again, “You are very fortunate. God is speaking to you through your discontent. It’s part of your homesickness for God. He’s got something much better in store for you if only you will come home to Him.”

PARAKLESIS TO THE THEOTOKOS: “Pray for me,” is an expression we have all heard or said at one time or another. We are called upon as Orthodox Christians to pray faithfully throughout each day. We read in scripture to “**Pray constantly**” (1 Thessalonians 5:17). Our Church affords us the opportunity to pray for one another during periods of intense prayer such as Great Lent, the Christmas Advent and the period we will soon find ourselves, the 15 days of August.

The Paraklesis Service to the Theotokos will be chanted on Wednesday and Friday of this week at 6:30 p.m. Names of our loved ones (living) are submitted along with a donation for the poor and less fortunate, and the priests remembers them during the service. Of course, it is important that we join our prayers with the priest while in attendance at the service.

SAINT OF THE DAY – THE MARTYR KALLINIKOS: Kallinikos evangelized for Christ during the 3rd Century to pagans throughout Asia Minor. He converted idol worshippers to Christ in such large numbers that the governor of Ancyra challenged him to a public debate. When Kallinikos shredded the governor’s arguments, he was threatened with martyrdom. Kallinikos told him he was not afraid of death. Because of his popularity, the governor would not execute Kallinikos, but tortured him. During his torture the soldiers guarding him were thirsty and implored Kallinikos to ask God for water. Having pity on his tormentors, he prayed, and a spring of water miraculously drew forth from a stone. The soldiers wanted to set Kallinikos free, but feared execution. Instead Kallinikos gave thanks to the Lord and entered a blazing bonfire where he gave up his soul. His body remained unharmed and was reverently buried by Christians.

FIRES IN GREECE: We have all learned of the devastating fires in Attica, Greece that have claimed the lives of dozens of people, injured many others, and destroyed countless homes and properties. We are filled with agony and pain as we watch the horrifying images and hear the tragic stories coming from Greece.

On behalf of the Holy Eparchial Synod of the Holy Archdiocese of America we share the sorrow of our beloved people of Greece and we offer our fervent prayers. May our merciful Lord grant eternal life to those who perished and courage to those who survived.

As Orthodox Christians we must offer hope and support. Therefore, today our parish will offer a special Memorial Service for those who have lost their lives to this tragedy. Additionally, we will take a special collection today and next Sunday, August 5th, dedicated to an effort to bring comfort, aid, and hope to those whose homes and communities have been destroyed. All monies collected will be sent to the IOCC designated for Greek Wildfire Support.

Our prayers and our gifts of love will assist those in need and will also be a witness of the strong bonds of Faith and heritage that we share with the people of Greece, especially in this time of tragedy.

Knowing the boundless generosity and love of you, our faithful we are confident that you will respond most generously to this appeal to help heal the pain of the Greek people. They will need the assistance now and in the future to recover from this devastating tragedy. Checks may be made out to Ss. Constantine and Helen with a footnote IOCC Greek Wildfire Support.

RELIGIOUS EDUCATION SEMINAR: The Metropolis of Chicago Religious Education Committee is pleased to announce the 2018 Fall Sunday Church School Teacher Workshop will be held on Saturday, August 18th, 9:30am-2:30pm, at St. Haralambos GOC in Niles, IL. Topic for the day: “*Orthodox Worship.*” Registration Fee for the workshop is \$30 before August 11th and \$50 after August 11th. The purpose of this seminar is to provide Sunday Church Teachers with material to take back to their classrooms, as well as for faithful Orthodox to share experiences and thoughts on this most vital topic. For more information and to register, contact Presvytera Georgia Alikakos at 708-715-4584 or religiousedmc@chicago.goarch.org.

FAMILY RETREAT: This Labor Day weekend spend a fun-filled time reconnecting with your family and with God. Retreat leader Dr. Philip Mamalakis will present workshops on the theme “*Vocation of Parenthood.*” Find more information or register online at www.chicago.family.synaxis@gmail.com. Register by August 15th for the best rate.

CORRECTION: The following names were either left off the donated lamb list or spelled incorrectly. Please forgive our mistake.

Martha Cappony – 1	Maria Georgiadis – 1
Flora Nuses – 1	Panagiota Nuses – 1
Kostas Nuses – 1	Dr. James & Anastasia Siatras – 10
William & Wendy Kappas – 1	

Once again, thank you to all who donated and supported this year’s Greek Fest.

CHURCH FATHERS SPEAK: If you pray, you will feel within yourself a great assurance and the angels will be your companions. – *Evagrius of Pontus*