

Sunday, August 13, 2017
Leaving-Taking of the Transfiguration of the Lord
Maximos the Confessor

HYMNS FOR THE DAY: 165, 1, 165, 134, 249 (Found in red hymnal book)

READINGS: **Epistle:** 1 Corinthians 4:9-16
 Gospel: Matthew 17:14-23

THE NICENE CREED & LORD'S PRAYER are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

PRE & POST-COMMUNION PRAYERS: The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

COUNCIL DUTY: **Orthros: 8:00 a.m.** John Nickolaras
 Liturgy: 9:00 a.m. All Parish Council Members

MEMORIALS

9 days Paraskevi Tsilimos	7 yrs. Maria Tsatsakis
40 days Haralambos Merodias	13 yrs. Ida Stathakis
1 yr. Angeliki Kotsinis	17 yrs. Maria Paraskevopoulos
3 yrs. Krisos Andreou	20 yrs. Maroulla Andreou
4 yrs. Angelo Stath	21 yrs. Christ Stath
5 yrs. Demetra Chakos	24 yrs. Demetra Stath
7 yrs. Ann Stath	41 yrs. Marino Stath

“MAY THEIR MEMORY BE ETERNAL”

FELLOWSHIP HOUR: In memory of Angela Kotsinis, Angelo Stath, and Demetra Chakos in the Great Hall. Everyone is invited to attend.

SERVICE SCHEDULE: Monday, August 14th – *Great Vespers Service for the Feast of the Dormition of the Theotokos* – 7:00 p.m. at the Assumption Churches in Chicago, Hegewisch & Homer Glen, Illinois.

Tuesday, August 15th – *Dormition of the Theotokos* – Orthros: 8:30 am & Divine Liturgy: 9:00am in the Cathedral.

ΦΡΗΣΚΕΥΤΙΚΟΝ ΗΜΕΡΟΛΟΓΙΟΝ: Δευτερα, 14 Αυγουστου – 7:00 μ.μ. Μεγας Εσπερινος της Κοιμησεως της Θεοτοκου στο Chicago, Hegewisch & Homer Glen. Τριτη, 15 Αυγουστου – *ΚΟΙΜΗΣΙΣ ΤΗΣ ΘΕΟΤΟΚΟΥ* – Ορθρος: 8:30 π.μ. και Θεια Λειτουργια: 9:00 π.μ. στο Καθεδρικο Ναο.

BOOK BAG BLESSING: Following worship today, we invite all our students, teachers and administrators to come up and receive a blessing from Fr. Ted for the new school year.

THOUGHT: Don't just try to keep the Faith, accept the Faith, live the Faith, and share the Faith.

COOPERATION IS NEEDED! We remind our faithful that the Orthros Service begins at 8:00 a.m. on Sunday in the Cathedral and is followed immediately by the Divine Liturgy. **Please be prompt and on time!** Please turn off cell phones before entering church. No conversation should take place during worship. During the reading of the Gospel people in the narthex should not be purchasing or lighting candles but stand reverently and listen to the reading. If possible avoid using the center aisle during high points of Divine Liturgy. Lipstick and lip-gloss should be removed before kissing icons, receiving Holy Communion and kissing the hand of the priest. Only Orthodox Christians in good standing with the Church may receive Holy Communion. Parents with children who cannot sit quietly during services should use the cry room. Please avoid using cell phones, I-Pads or other electronic devices to entertain or amuse children during worship. This delivers the wrong message of why we are in church and allows the child to pick up bad habits. When receiving antidoron, please use both hands and do not allow the crumbs to fall.

WELCOME VISITORS: We welcome you to worship with us today. Whether you are an Orthodox Christian or this is your first visit to the Orthodox Church, we are pleased to have you with us. Although Holy Communion is offered only to the baptized and Chrismated (confirmed) Orthodox Christians, in good standing with the Church, all are invited to receive the antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The antidoron is not sacramental but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After the Divine Liturgy this morning, please join us in the church hall for fellowship, refreshments and visit with our Clergy, our Parish Council and the Stewards of our Parish.

THE TEMPERATURE IS UP & THE OFFERINGS ARE DOWN: The warm days of summer often provide excuse for not attending Church services and also failing to pay your stewardship pledge payment to the parish with consistency. Whether the church is filled or not, the monthly expense of over \$71,000 (roughly \$2,400 a day) continues. **Please remain current with your Stewardship Pledge payment over the summer!** At this time, all 2017 pledges should be at least half completed. If you haven't made a Stewardship Pledge for this year, please do so today. Stop by the church office, fill out a form and make your payment. It will really help our parish continue to meet its financial obligations for this month. If there is a problem in making or completing your pledge, please contact Fr. Ted at the church office and the matter will be taken care of. Your cooperation and support in this matter is deeply appreciated!

MARK YOUR CALENDARS

Dormition (Koimisis tis Theotokou) Fast – August 1st-14th
Dormition (Koimisis) of the Theotokos – August 15th
Youth Ministries/Sunday School Teachers Meeting – August 21st
Peter Stassis Memorial Brunch Benefit – August 27th
Greek School Begins –September 8th
Sunday School Begins – September 10th
Golf Outing – September 15th
Senior Citizens Lunch/Meeting – September 28th
Fall Food Fest – November 3rd & 4th

HELLENIC DANCERS NEWS: No dance practice for the Junior Group until September. The Senior Group will resume practice after August 15th. For details, contact Taki Zarakas.

SUNDAY SCHOOL NEWS: Summer is quickly passing by and before you know it the new school year will be here. Our Sunday School program is in need of a director, as well as teachers. If you can fill one of these roles, please contact Fr. George. Your assistance in this matter is deeply appreciated.

MINISTRIES MEETING: On Monday, August 21st, we will be having a Ministries Meeting for all our Youth Advisors at 6:30 p.m. and Sunday School teachers meeting at 7:00 p.m. to make plans for the 2017-2018 year. All those involved or wishing to be a part of these ministries needs to attend. For details, see Fr. Ted.

GREEK SCHOOL REGISTRATION: The church office is currently accepting applications for Greek School Registration. As of July 1st, the tuition/ materials fee increased to \$575 for the first child and \$525 per each additional child per family. Please register your child today for the 2017-2018 school year. Due date for full payment is September 8th, which is the first day of Greek School.

PETER STASSIS MEMORIAL BENEFIT: On Sunday, August 27th, immediately following worship everyone is invited to attend a brunch held in the Great Hall to benefit the Peter Stassis Memorial Scholarships for Fanari Camp. This year seven full or partial scholarships were offered in memory of Peter Stassis for young people from our parish to attend Fanari Camp for a week. Those who attended had a great time, learned about our Orthodox Faith and meet young people of their own ages from around the Metropolis. Following the brunch a Memorial Motorcycle Ride will take place. Anyone interested in being a part of the Memorial Ride may call Gini Mojica 219-661-8950 for details.

OLIVE OIL FOR SALE: One of Metropolitan Iakovos' lasts acts was to help fight Turkish aggression in the Aegean Sea, especially for the Dodecanese. To help this cause he asked all parishes to purchase a limited edition of bottled Extra Virgin Olive Oil. Bottles are available for \$12.00 each at the candle stands in the Narthex of the Cathedral, the church office, or the bookstore. Your support in this effort is welcomed and appreciated!

TIME TO TEE IT UP: The 19th Annual Cathedral Golf Classic will be held on Friday, September 15th at Innsbrook Country Club. Hot Breakfast and registration will begin at 8:00am and a shotgun start at 9:00am. Following golf, a lunch will be offered. Proceeds raised from this event will be used to fund many of the ministries of our church.

Be a part of this wonderful event in one or more of the following ways: Donate raffle prizes, be a corporate, drink or hole sponsor, golf, and/or attend the luncheon celebration. Help us make this unique opportunity of fellowship, fun, and charity.

Fees: \$125 for golf, gift bag, breakfast & lunch.

\$150 Hole Sponsor \$300 Drink Sponsor \$500 Corporate Sponsor.

For reservations or other details contact the church office at 219-769-2481 or maureen@sconstantineandhelen.org

SAINT OF THE DAY: Maximos, born in the year 580 of noble parentage in the city of Constantinople, occupied high positions in the Byzantine Empire. He was sent to Rome in 646 and induced Pope Martin to call a council in order to defend Orthodoxy against the Monothelite heresy (649). He composed several treatises on the subject incurring the anger of Paul, Patriarch of Constantinople, and of Emperor Constance, who promoted the heresy. He was exiled to the Greek province of Thrace and then to Caucasus where he died on August 12, 662.

ABOUT THE ICON OF THE FALLING ASLEEP OF THE THEOTOKOS: The memory of our Saints is retained through the images and figures portrayed in holy icons. During the 15 days of August, our attention is directed to the Holy Theotokos. The Theotokos is depicted in the scene when she fell asleep in the Lord. She is depicted upon her funeral bier.

Christ standing behind the Theotokos, is her Son, who has come to receive His Mother's soul into heaven. He holds in His left arm an infant in white, symbolizing the soul of the Theotokos reborn in glory in heaven. Christ also is robed in white and appears in an aureole (elongated halo) depicting the Light of His Divinity.

The Apostles are depicted on either side of the bier stand. The group on the left is led by St. Peter who stands at the head of the bier; the group on the right is led by St. Paul who stands at the foot of the bier.

Below the bier is a figure of Antonius the Jew, who tried to disrupt the procession, was punished by an angel of the Lord, but later repented of for his sins and embraced Christianity through Baptism.

FAITH MOVES THE MOUNTAINS OF DOUBT: Someone has said that doubt creates mountains while faith removes mountains – not just any kind of faith, but the 100% kind of faith. Never take anybody else's word that something can't be done. That only means they can't do it. With God, with faith, you can!

President Franklin D. Roosevelt wrote shortly before his death, "The only limit to our realization of tomorrow will be our doubt of today. Let us move forward with a strong and active faith."

All too often we let an "I can't" attitude keep us from reaching our greatest potential. But a strong and active faith in God can change our "I can't" to "I can do all things through Christ, Who strengthens me." Jesus said, "**If you have faith as a grain of mustard seed, you will say to this mountain, 'Move from here to there' and it will move; and nothing will be impossible to you**" (Matthew 17:20). As we come to God then, we are to think big, pray big, and plan big because our God is big.

CHURCH FATHERS SPEAK: Prayer is the descent of heaven into the soul.

-St. John of Kronstadt

CHUCKLE: One little fellow got a souvenir from the Holy Land. His mother tried to explain where the gift came from. "This is from the Holy Land, which is far away and we will never be able to go there."

The next day when showing his gift to a neighbor girl, the little boy announced, "This is from heaven, and that's one place our family will never go."

HOPE IS the anchor of the soul, the stimulus to action, and the incentive to achievement.

HELPING HAND APPEAL: With the coming of summer donations for the Helping Hand have fallen. The need is great, both within our parish and surrounding community. Please remember those less fortunate and offer your gift of love and assistance through our Helping Hand Fund. To see how you can help or for more details, see Fr. Ted.

FOOD PANTRY: Please remember your donations for our Cathedral/Ross Township Food Pantry during the summer. We are especially in need of food items for children, i.e. children's cereal, apple sauce, fruit items, etc.

CATHEDRAL EARLY LEARNING CENTER: Our preschool is accepting registrations for the 2017-2018 Pre School Year. Classes offered are:

3-4 year old class: Tuesday & Thursday 8:30-11:30 a.m.

4-5 year old class: Monday, Wednesday, & Friday, 8:30-11:45 a.m.

For more information or to register call 769-2481 and ask to talk to Mrs. Christine.

RELIGIOUS EDUCATION SEMINAR: The Metropolis of Chicago Religious Education Committee is pleased to announce the 2017 Fall Sunday Church School Teacher Workshop will be held on Saturday, August 19th, 9:30am-3:00pm, at St. Spyridon GOC in Palos Heights, IL. Topic for the day: "*Orthodox Spirituality.*" Speakers are Metropolitan Nikitas of the Dardanelles and Rev. Fr. Loukas Gikas. Registration Fee for the workshop is \$50. The purpose of this seminar is to provide Sunday Church Teachers with material to take back to their classrooms, as well as for faithful Orthodox to share experiences and thoughts on this most vital topic. For more information and to register, contact Presvytera Georgia Alikakos at 708-715-4584 or religiusedmc@chicago.goarch.org.

FAMILY RETREAT: This Labor Day weekend spend a fun-filled time reconnecting with your family and with God. Retreat leader Fr. Stephen Freeman will present workshops on the theme "*Living the Mystery.*" Find more information or register online at www.chicago.family.synaxis@gmail.com. Register by August 18th for the best rate.

THE HOLY EUCHARIST IS OUR CENTER: Since the inception of the life of the Church, the Holy Eucharist – presided over by Christ, and subsequently the apostles, the elders, and the bishops – has been the center of the Church's unity. This is the original consciousness of the Church, the teaching of Christ and the apostles; this is the Holy Tradition handed down to the Church by Christ and the apostles

ON RECEIVING HOLY COMMUNION: The question "Who can receive Holy Communion in the Greek Orthodox Church?" frequently arises and is answered and addressed as follows:

WHO CAN RECEIVE? Only a Baptized or Chrismated Orthodox Christian who is canonically in good standing with the Church.

WHO CANNOT RECEIVE? An Orthodox Christian who has married outside the Church. (Have your marriage celebrated in the Orthodox Church)

An Orthodox Christian who has divorced civilly and has not received an ecclesiastical divorce. (File for the Ecclesiastical Divorce)

An Orthodox Christian practicing another faith.

A non-Orthodox Christian.

A non-Orthodox Christian married to an Orthodox in the Church is not offered Holy Communion because marriage does not associate one to the faith, as baptism/chrismation does.

For specific information, see Fr. Ted.